



WOMEN OF COURAGE: WOMEN OF INSPIRATION NOMINATION FORM

Lutheran Settlement House (LSH) seeks nominations of Philadelphia-area women for its fifth annual: *“Women of Courage: Women of Inspiration” Awards.*

Lutheran Settlement House is a non-profit, non-sectarian social service organization that serves over 11,000 women, men, and children each year through four program areas: Adult Education and Employment, Domestic Violence, Senior Services, Youth Services and Homeless Services.

The awards to be presented by Lutheran Settlement House at the *Women of Courage: Women of Inspiration* ceremony, will recognize Philadelphia-area women who have overcome obstacles and made outstanding contributions in one of Lutheran Settlement House five fields of service.

“History has demonstrated that the most notable winners usually encountered heartbreaking obstacles before they triumphed. They won because they refused to become discouraged by their defeats.”
--B. C. Forbes

Award for Excellence in Adult Literacy:

This award will be given to a woman who has heightened public awareness of adult literacy needs in Philadelphia and has encouraged innovative learning in home, work or community settings.

Inspiration Award:

This award will be given to a woman over 60 years of age who has demonstrated a clear contribution to the community, and serves as an inspiration to other senior women.

Courage Award:

This award will be given to a survivor of domestic violence who has helped victims and other survivors overcome the many challenges associated with domestic violence.

Dignity Award

This award will be given to a formerly homeless woman who has accomplished great things in her life /or at work

Youth Advocate Award: This award will be given to a woman who serves as an advocate for the needs of youth in Philadelphia

Outstanding Returning Adult Student Award:

This award will be given to an adult woman student who has demonstrated initiative and tenacity by returning to school as an adult student, and serving as a role model to others.

Spirit Award:

This award will be given to a woman who served as an advocate for the needs of Senior Citizens in the community.

Purple Ribbon Award:

This award will be given to a woman who has demonstrated a strong commitment to educate and to raise awareness about domestic violence in our community.

Impact Award

This award will be given to a woman who has demonstrated a strong commitment to ending homelessness, and who has worked on behalf of homeless individuals

Youth Achievement Award

This award will be given to a Youth who has made a significant difference in a community program, community activity or life of an individual, through community service.

GUIDELINES:

Please follow the guidelines below when nominating your candidate:

- *Nominees must be women living or working in Philadelphia who have overcome difficult life circumstances to make outstanding achievements in their lives, and have found the spirit to give back to others and make a difference in our community.*
- The nominee must be a female who either resides or works in Philadelphia
- The nominee must be nominated by an individual, group, or organization. Self nominations will not be considered
- **All nominations must be postmarked by January 19, 2009. Nominations received after that date won't be considered. NO EXEPTIONS!**
- Nominations could be submitted to Suzette Belz: via mail: Lutheran Settlement House, 1340 Frankford Ave. 19125. via fax: 215-426-6429 or via email to sbelz@lutheransettlement.org
- The decisions of the Selection Committee will be based on the written nomination submitted.
- **Nominees must be present at the awards ceremony on Thursday, May 21st 2009**
- Awards recipients will be notified by phone not later than February 20, 2009.

Things to consider for nominations:

- **Has the nominee demonstrated vision and the courage to take risks?**
- **Is the nominee considered a positive role model for women and girls and members of the community?**
- **Does the nominee provide inspiration and motivation for others?**
- **Does the nominee enrich and improve the quality of life for others by displaying a sustained and significant commitment to society in her field and beyond?**

I would like to nominate _____ for the following category:

- | | |
|------------------------------|-------------------------------|
| Excellence in Adult Literacy | Outstanding Returning Student |
| Inspiration Award | Spirit Award |
| Courage Award | Purple Ribbon Award |
| Dignity Award | Impact Award |
| Youth Advocate Award | Youth Achievement Award |

NOMINATOR'S CONTACT INFORMATION

FIRST NAME _____ LAST NAME _____

BUSINESS/ORGANIZATION _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ WORK PHONE _____

EMAIL _____

NOMINEE PERSONAL INFORMATION

FIRST NAME _____ LAST NAME _____

BUSINESS/ORGANIZATION _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ WORK PHONE _____

EMAIL _____

Note: All entries must be a maximum of 2 pages.

1. Please supply a biography or related story about your nominee.
2. Please explain in detail, why the nominee should be considered for the “Women of Courage: Women of Inspiration” Awards.
3. Please describe nominee's involvement in volunteer work

Important: Please supply a picture of the nominee via email to sbelz@lutheransettlement.org