Our space is growing!

Welcome to our farm!

We have grown healthy food here since 2002 and are doubling our growing space for the 2016 season. In order to promote access to healthy food in our community, our harvest is used in free cooking demonstrations and nutrition lessons for our clients, donated directly to our food pantry visitors, and sold at our new farm stand.

Our farm is the cornerstone of our intergenerational summer program, an initiative that engages teens to work in our farm and program stand together. Each other, the teens and seniors develop practical and valuable outside knowledge that they can use to feed themselves and their families.

As you walk through our farm you will find signs further explaining what we have been growing lately. We encourage you to explore, learn, and relax in this community space!

Hungry 2 Healthy
A program of Lutheran Settlement House

Intergenerational Urban Farm
Provides over 80 hours of nutrition education to our clients each year*

Healthy Food Pantry
Hosts community work days, cooking volunteer days, and community meals.

Afterschool Program & Homeless Shelter
Cooking Classes
Distributes over 72,000 lbs of food through the LSH healthy food pantry each year*

Community Involvement

The Problem
In 2011, the 1st Congressional District was deemed the second hungriest place for families in the nation.

Our Solution
Hungry 2 Healthy tackles hunger & food insecurity through free distribution of healthy food, nutrition education and afterschool programming, intergenerational urban farming, and advocating for better food policy.

*Statistics represent data from 2015 fiscal year.